



The Flaming Chalice

The newsletter of The Unitarian Universalist Community Church
69 Winthrop Street ~ PO Box 8 ~ Augusta, ME 04332-0008

October 2017

Sunday Worship Services at 9:15 & 11:00.

Monthly Theme
The Second Principle of Unitarian Universalism

*We covenant to affirm and promote
justice, equity and compassion in human relations*

"In the bonds of our human family, we are created to be equal. We are guided by a divine will to treat each person with dignity and to live together as an inclusive community. Affirming our commitment to the common good, we acknowledge our enduring responsibility to care for one another. As we recognize that society is whole only when we care for the most vulnerable among us, we are led to discern the human right to health care and wholeness. Therefore, we are called to act with compassion by sharing our abundant health care resources with everyone!"
-- Unitarian Universalist Association

October 1st	No More Deaths	Karen Nielsen
Students at Cheverus High School share their experiences at the Southern Border and the implications of US Border Patrol and Law.		
October 8th	Equity: Mainers for Healthcare	Rev. Carie Johnsen
Creating communities that care for each other is the heart of our second principle. Healthcare is a shared responsibility that is grounded in our community humanity.		
October 15th	Justice: White Supremacy	Rev. Carie Johnsen
Making mistakes, sitting in discomfort, and waking up: knowing our role and location in the racialization of America requires us to examine whiteness, understand privilege and listen with humility when we consciously or unconsciously contribute to white supremacy.		
October 22nd	Compassion: Survival of the Kindest	Rev. Carie Johnsen
Let us join together to bring to life the vision of harmony for all humanity. Let's strengthen our hearts and the ancient bonds that bring us together, so we can actively lean in to the world we know is possible. (Compassion Games)		
October 29th	Twenty Years of Small Group Ministry at UUC	Small Group Ministry
Where have we been, and where are we going? Honor those who made Small Group Ministry happen at UUC. Over half of the congregation has participated. Engage with a shared ministry that enhances relationships (intimacy) and spiritual journeys (ultimacy).		

*We covenant to affirm and promote
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The second Principle of Unitarian Universalist is one reason people walk through the doors of our church. More often than not when someone says they are familiar with Unitarian Universalism, it is one of two things that they reference about this living tradition: we are diverse in our thinking, beliefs and practices; and, we know how to mobilize and show-up for action around progressive social issues. The curious and justice minded arrive hoping to find a place to ground their commitment to a more equitable world community. So often I hear people say, "I came here because someone told me I would find like-minded activists working to *be the change* in the world." Some of those same people add, "I stay because I see the mission of Jesus, the life and teachings of Jesus being lived out in the lives of the members."

When it comes to our second Principle, I think the call to compassion in human relations may be the hardest. It is similar to our first Principle's call to *affirm the inherent worth and dignity of **ALL** beings*. The second principle reminds us to show up with *compassion in human relations*. At first glance this seems easy, but dig a bit deeper, reflect on those places where you show up with judgment or righteousness, indignation or disdain, denunciation or rejection.

Last month I attended *Changing Maine: Centering Racism in our Movements* hosted by Resources for Organizing and Social Change. This full day conference offered separate space for people of color, people of color indigenous, and white people to examine racism. It offered space of white people to examine white supremacy (internalized, ideological interpersonal, institutional) and begin the work of dismantling whiteness. We live in a racialized nation. We have all been racialized; it is something that has been done to all of us. Dismantling racism is NOT the burden of people of color, it is a burden upon our nation that we all must share.

My anti-racist righteousness was cracked wide open as I heard the facilitators and more evolved/awakened participants speak about calling people to the work rather than calling people out. At that moment I found myself in the very uncomfortable place of realizing my own righteousness was getting in my way. As I reflected quietly, I was all too aware of how I am quick to think others just "don't get it." This practice of distancing myself lacks compassion for the many ways in which we as a society are racialized and we the people are crying out for alternative ways to heal a nation. My moments of righteousness do very little to build bridges across our divisions and nurture conversations that promote healing and wholeness. I left Lewiston that Saturday very aware of the spaces my practice of righteousness most needed to be dismantled.

Yes we need to show-up to do the work through education, advocacy, reflection, and action. And it will serve us well to remember our work in building a more just and equitable world community will be achieved one relationship at a time, albeit compassion for self, for others, for systems, for society.

We need to show up and speak up; and just as importantly, we need to reach out to each other, as Jesus did and Mohammed did, and Gandhi did, and Mandela did, with compassion, forgiveness, acceptance, and Love. And maybe, just maybe, with the spirit of Desmond Tutu and the enlightenment of the Dali Lama as our guide, we can approach it with lightness of heart and the shared yearning for laughter to lighten our load and inspire others to join us in the work.

In Faith, Rev. Carie

UUCC President's Message
October 2017

Today I am thinking about JOY. Right now my life seems filled with joy. For me, the fall has not always held much of this emotion, but this year seems different. For this I am grateful. I know being involved in UUCC is one source of my joy. Some recent events at UUCC will explain further.

The Faith Café held Sept. 8 was planned by the Wisdom Weavers (of which I am a member) to explore the chalice as a symbol of the UU faith. What a JOY it was to have so many gather for a pilot program! The eating, singing, learning, creating and sharing was fun and exciting to be a part of. The conversations held, the energy witnessed, the resulting activity affirmed for me that this time together was meeting the expressed desires of church people. And to think this was only the first of 10 to be held this church year..... I hope you all will take the opportunity to join others of UUCC for another Faith Café. The second one will be Oct. 22 to join in apple pressing at the Foust home.

The Ingathering Service of Water Communion was a moving joyful time of greeting others and reflecting on the summer past and the upcoming church year. The multiple service elements including the music of the choir, the readings, the singing, for me, offered a time to be joyful about my membership at UUCC.

During the most recent service I took a turn as the adult helper in the nursery. What fun to play for an hour with one of the youngest among us? The make believe, to slow down, to play a game brings joy to me. And more adults could experience this as more volunteers are always welcome. Please consider this and speak to Brigid Chapin, the R.E. Coordinator to have your turn at joy.

Sept. 16 was the first rehearsal of the UUCCOO (orchestra). We were a small group, but really enjoyed catching up with each other about our summer activities. We began practicing music to share with you all beginning with the Oct. 22 service when we accompany the choir. Plans have been made for UUCCOO to bring our instruments to services and the spring concert. We would welcome anyone who has played a musical instrument in the past to get it out and join us. We can share our joy with you and the congregation, too.

To think all this joy and it is only coming up to October! What joy can you find at UUCC? Share it with someone else. I hope there are moments that you can see you are joyful along with whatever other emotions you are feeling this fall.

Sincerely,
Martha Naber
President, UUCC Board of Trustees

BOOKS FOR SERIOUS READERS is back!

BOOKS FOR SERIOUS READERS: You are invited to join us anytime we are reading something that you would like to discuss. We meet in Fellowship Hall on the first Thursday of the month from 12:30 until 2:30 between October and June. (We do take December off.) Our November selection is Homo Deus by Yuval Noah Harari. This is a book about moral values, what it means to be human and the impact our relationship with technology could have on humanity. It should give us all pause to think about what we want for our future. We will meet on November 2. We will not meet in December.

Our book for January is The Underground Railroad by Colson Whitehead which won the 2017 Pulitzer Prize for literature. More information about this group will be available in the Adult Enrichment Guide coming soon. FMI: June Zellers at jzellers@roadrunner.com 582-5862 or Kathy Kellison kell6787@gmail.com or 445-4415.

First Elder Lunch at Noon October 8th

Elder lunch is the second Sunday of each month October through May. This event has grown in popularity and 35-40 of our elders enjoy lunch and conversation. Plan to relax and socialize with your friends after the second service. Menu always includes breads, salad, entree and dessert. Church elder lunch is not exclusive to Senior Citizens – we have regular attendees in their 40s and 50s too so please self-select and join us.

Each event requires two large salads, 4 entrees choices, and plates of finger desserts.

Could you cook an eight portion casserole, quiche or soup for the Elder Lunch just once this year?
Or are you willing to cook a finger food desert like cookies, brownies or bars?
Or would you be willing to bring a large green salad or cole slaw?
If you aren't a cook, would you be willing to help setup, serve or clear?
Please call Marilyn Dunn to schedule your contribution 512-5382



****Please mark your calendars Saturday November 4th
LEAF Raking will begin****

Social Activity Announcements

Oct. 8th, HYMN SING

1:00-2:00 pm

Pianist Stefanie Barley and Martha Naber will lead a hymn sing on Sunday Oct. 8 after the first Elder Lunch. During the summer hymn sing service many people mentioned they would enjoy singing more often. Stefanie and Martha are suggesting that if you have hymns you sang as a young one, songs from another church tradition, or other songs you love, from her previous role as a musician in different churches. If you wonder if she has the music, it would still be helpful if you had a copy to share with her. We look forward to this hour of song together!

Oct. 15th, Speaker Kate McBrien

MALAGA ISLAND, Phippsburg, Maine

On Sunday Oct. 15th, 1:00 p.m., Kate McBrien, curator of the Portland Historical Society, will speak at our church of Malaga Island, and this shameful piece of Maine's history. I have offered to provide lunch for her at 12 noon as she is coming from Portland. Would any members be willing to come and have lunch with she and I to make her feel welcomed? Thank you. CC

Oct. 25th - Crafting Group Restarts

2:00-4:00 PM, Fellowship Hall

For all you crafters in yarn, paint, sewing, card making, "anything", we are restarting the group that has met monthly. We will gather to "do our own thing" on Oct. 25 and to chat as we create. It is a great opportunity to get to know each other and share our talents, too. If you have questions, speak to Martha Naber or Jean Sizelove. See you there!



**Peaceful Heart Sangha
Mindfulness Meditation Group
Every Monday 6:30 – 8 at UUC
in the sanctuary
Newcomers are always welcome!**

Please contact us if you have questions:

Peacefulheartsangha@gmail.com or
martysoule@gmail.com or 685-9270

An introduction to meditation can be arranged
at your request.

Our monthly 4th Monday

****Practicing Mindfulness
with Children and Youth****

MEETS AGAIN:

Monday, October 23, 5:30 – 6:15

Come and join us!

**Childcare will be available from 6:15 – 8:15
so that adults, older children & youth can
join our meditation group, if they want to do
so.**

Please contact Marty Soule at
martysoule@gmail.com or at 685-9270,
if you are interested in joining us or bringing
your child, grandchild, or young friends.



WE ARE ANTICIPATING YOUR ATTENDANCE AT THIS MONTH'S Faith Café
Sunday, October 22, 2017 1:00 – 4:00 p.m.

Apple Pressing with the Foust Family

This MULTIGENERATIONAL event is a great way to deepen your relationships with members and friends of all ages. Join us for this interactive afternoon of fun, fellowship, and faith formation! Be sure to RSVP at admin@augustauu.org or 207-622-3232

NEWSLETTER: COMMUNICATIONS CORNER

As the new church year starts,

We note changes in the church calendar on the website (On Home Page, see Calendar and Communications).

The location code for the event listed is given on this page and used in the calendar notations themselves, in the Weekly Bulletin and in the Sunday Announcements. We include both events held in the church buildings and those related to the church but held in other locations, designated by OP for "Off Premises". This gives a broader picture of church-related activities.

We have also changed the format of the calendar. The formats available for viewing and printing the calendar are noted at the upper right of the calendar (Week, Month, Agenda). You can select the click on the one that you prefer. Previously the default, or format that appeared when the calendar came up, was by Week. By Week and by Month are crowded formats. The default has been changed and the format that now appears is "Agenda," or a listing by date, with line for each event. The Agenda format quickly provides information of where events are being held using the location codes, and a picture of other events in the church buildings at the same time.

On any of these formats (Month, Week, Agenda), more information is available by clicking on the specific event. The more information that is given to the Administrator, the more is available to the church community for planning, publicity and outreach. Your comments on the change in default are welcome.

Please leave comments and questions for the Work Group in the Communications Mail Box in the Committee Room or contact Lynn Smith, Administrator (admin@augustauu.org or 207-622-3232).

NEW PARKING ARRANGEMENTS

Please note new parking arrangements are in place for areas that we have been using for several years.

Parking is NOT available:

66 Winthrop Street, directly across from the church, is now a residential rather than business facility. No parking at any time.

Parking IS available after 5pm work days and on Saturdays and Sundays at:

73 Winthrop Street, (Primary Care Association), next to Judd House

61 Winthrop Street (Bingham Program and ME Long-Term Care Ombudsman Program, across Summer St. from church)

We appreciate the arrangements that we have had with these businesses over the years. Thanks for your attention to these changes.

Sunday, November 5th – Fellowship Hour
Will celebrate Bruce Bierce's 80th birthday
Hosted by wife, sister and Small Group Ministry
Birthday cards welcome

Small Group Ministry

We are happy to announce that Michael Conley is the new Chair of the Small Group Ministry Committee. Michael has participated in Small Group Ministry for a number of years and has held leadership positions in the congregation.

The agenda for the Small Group Ministry Leadership Retreat on Saturday, September 30 includes: Celebration of 20 years of SGM at UUCC, leading to Goals and the presence of SGM this year. Group Leaders and participants joined in this event for transforming and enhancing SGM here.

The Retreat is considered as an Anniversary Event in UUCC's 25th celebration this year. Look for the Anniversary Events write-up in the Order of Service, Sunday, October 1. This will be followed by the Small Group Ministry Sunday Service on October 29. Honor people who were part of the beginning, those who have been involved throughout the last 20 years, and become involved NOW!

Please contact Michael Conley for information about Small Group Ministry at estherpearl67@gmail.com, or 446-4788, or leave a message in the Small Group Ministry mail tray in the Committee Room.

UUCC 25TH ANNIVERSARY YEAR (1992 – 2017)

The Universalist Church of America, founded in 1793, and the American Unitarian Association, founded in 1825, became the Unitarian Universalist Association (UUA) in 1961. In Augusta, All Souls (1825, historically Unitarian) and Winthrop Street (1836, historically Universalist) congregations joined the UUA. In June 1992, they consolidated to become the Unitarian Universalist Community Church (UUCC). *From September 2017 through June 2018, we will be looking at and celebrating 25 years as UUCC, as we move forward.*

This will be done through:

- *Designating 25th Anniversary Events
- *Inviting committees and groups to note their contributions and activities over this time.
- *Inviting testimonials and discussions.
- *Bringing forward historic notations on church life, such as Ingathering, including inserts in the Sunday Order of Service every few weeks. The first one was the Water Ceremony at Ingathering, September 10.

Everyone can be involved!

Inquire about our history, tell and listen to stories from our 25 years, and share what you value about UUCC. The responses to the historic reflections throughout the year will be part of our updated history and a new chapter of UUCC life. *Capturing our history as we make it!*

For ideas for the Anniversary Year, contact Jill Watson, UUCC Vice President at 623-4537, Jillwatson223@gmail.com

The Supper Times

News from our Multi Faith supported 1st Saturday Public Supper
Our supper is part of the 5 suppers served by churches that belong to the Augusta Angel Food Network

Carlene Kaler, Head Coordinator;
Jenny Mckendry, Head Non-Cook and Bottle- washer,writer and,,e-mailer

The 1st Saturday Public Supper on September 2nd, served a tasty chicken/ pasta dish, coleslaw and goodies. We serve a free meal to any community members who come to eat and socialize. Generous volunteers set-up, prep, serve and clean-up. Thank you to each one of you, because you're the life-blood of the work we do to help our community.

The 1st Saturday Public Supper, formerly known as the St. Mark's Supper is in transition. The building we serve from, that has been known as the Outreach Center/ St. Mark's Episcopal Parish Hall, will no longer be available for suppers or the other ministries that have been centered there. We are looking for a new location to serve from and have a possible lead, but will take time to make a decision. The coordinator of the Essentials pantry (toiletries etc.), Addie's Attic (clothing bank) and the Augusta Warming center is looking for a new home for them as well.

Sept.2, Meeting regarding the transition: I was happy to see those of you who were able to come to the meeting that was held for interested volunteers regarding this transition, just before set-up of the 9/2/17 supper. Thank you for taking time to contribute; we discussed options regarding our search and appreciated your ideas.

Thank you to all volunteers, but to a few people who are noted this month. Thank you Keith Priest, our chef and his wife Heather, of Augusta's Emmanuel, Episcopal and Lutheran church who work with us despite his shoulder injury and impending surgery. Thank you to UUCC's Karen Neilson and Phyllis Clark for their ongoing support. Despite their busy lives, they are shining examples of UU volunteerism moving from 2017 to 2057.

THESE ARE SOME ITEMS THAT THE AFB (Augusta Food Bank) IS ALWAYS IN NEED OF:

Canned Fruit— low sugar if possible
Cereal
Canned Tomato Sauce
Juice, 64 oz.
Peanut Butter- preferably low or no sugar added Peanut butter
Dry pasta
Canned -chicken,

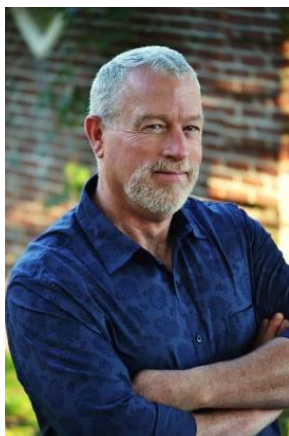
Tuna
Dry beans
Canned pasta
Baked beans
White rice - one pound packages
Canned soup
Macaroni and cheese
Pasta sauce
Diced tomatoes

Canned vegetables
Clean, used plastic grocery bags



Any help you can give would be appreciated.

OUR FIRST GUEST ARTIST CONCERT OF THE SEASON, JOHN D. ADAMS!



JOIN US FOR A WONDERFUL AFTERNOON OF MUSIC ON SATURDAY, OCT. 21ST at 4PM!

John D. Adams, bass-baritone
With Bridget Convey, piano

The Heart of the Evening: American Nocturnes

Bass-baritone, John D. Adams, has created a vibrant and beautiful program of music of the night, nocturnes. Featuring the music by American composers; Beach, Ives, Hoiby, DiBlasio, Barber, Bowles and others.

Concert is one hour in length, followed by a light reception in the Fellowship Hall. \$10 admission. Proceeds will be split between the UUCC and the guest artists.

John's bio:

Bass-baritone **John David Adams** is a versatile and accomplished artist with a career spanning concert, opera, recital, and professional vocal ensembles. An active concert soloist acclaimed for performances in repertoire ranging from Baroque masterworks to world-premier compositions, he has appeared with orchestras, choral organizations, and musical ensembles across the country. Increasingly recognized for his skill with Baroque repertoire, he is a member of Maine's professional early music ensemble St. Mary Schola, and he is a regularly-featured artist at the Blue Hill Bach, White Mountain Bach, and Portland Early Music festivals. In recital, has presented programs sponsored by Opera Down East, Longwood Opera, Boothbay Opera House, Rangeley Friends of the Arts, the Lincoln Arts Festival, and the Vanderkay Summer Music Series. His diverse opera and musical stage roles range from Handel's *Acis and Galatea* to *Sweeney Todd*, in productions by Opera Boston, San Francisco Lyric Opera, Berkeley Opera, Granite State Opera, PORTopera, Apollo Opera, and New England Light Opera, among others. He studied voice and opera at Hartt School of Music and the San Francisco Conservatory of Music, and currently serves on the voice faculty at Bay Chamber Concerts Music School in Rockport.

In addition to performing and teaching, he is an active member and past President of the Midcoast UU Fellowship, and serves on the Board of Directors of OUT Maine.

CANMP Concert at Cony on Saturday, 10/28:

We are thrilled to announce that **CANMP(Capital Area New Mainers Project-** which help's new refugees get started here) and the Cony ELL (English Language Learners)program will co-sponsor an event featuring **Pihcintu, a renowned, Portland-based choir** composed of refugee students.

We also will enjoy the performance of an oud (a bit like a lute) player, Jawad Alfatlawi. The program will be free (**donations accepted, will benefit CANMP**)and will be in the Cony auditorium from 4:00-5:30pm on Saturday, 10/28. Details and publicity materials to come. Thank you, Mary Hiers, for making this happen!

GODDESS/EARTH CIRCLES

Women of Wisdom Luncheon, Sunday, October 29, 12:15-2pm. The Women of Wisdom



celebration comes from “crowning” an ancient ritual that announces shifting focus from the exterior world of conventions to the freedom of being the ruler of your own inner realms. Twenty-one women have been ‘crowned’ or recognized at UUCU over the years. The Luncheon invites older women to be crowned.

The Luncheon It is a time when we share wisdom from the last year. This is captured in a Women of Wisdom booklet that we hope to have available at the Luncheon. The Luncheon is open to family and friends. Come and meet the Women of Wisdom and the ongoing events of Goddess/Earth Circles. *Please let us know that you are coming so that we can have space.* We look forward to seeing you.

For more information about Goddess/Earth Circles and about becoming a Woman of Wisdom, contact Helen Zidowecki (hzmre@hzmre.com, 582-5308)

Fellowship Volunteers Needed

Fellowship hour is in need of people to host. We have many Sundays that need hosts. Please consider volunteering your services to our congregation. The sign up calendar is in the fellowship hall. If you have any questions, please contact Jill Watson at jillwatson223@gmail.com or 623-4537. Thank you for your help and support in making fellowship hour a blessing for all of us.

***Unitarian Universalist Community Church
P.O. Box 8
Augusta, Maine 04332-0008***

Newsletter Submissions

Submission Deadline for November newsletter: October 16.

Submissions received after this date may not be able to be published.

Please submit all articles as an attachment in a Word document using Arial font size 11. Don't forget to give your article a title and sign it. Send an email to newsletter@augustauu.org with the article as a word attachment! ***Photos of church activities welcome! *** You will receive a confirmation e-mail of receipt of your submission.

Minister: Reverend Carie Johnsen

Board President: Martha Naber

Sunday Morning RE Coordinator: Brigid Chapin

Youth Advisor: Monique McAuliffe

Choir Director: Bridget Convey

Contact information for Committee chairs and other leaders can be found in the UUCC directory or obtained by contacting the Office Administrator.

Office Administrator: Lynn Smith

Phone: (207)622-3232 or email: admin@augustauu.org

Office hours: 9:00 a.m.–3:00 p.m. (Tues, Wed & Thurs)

No office hours: Monday or Friday

Rev. Carie's NEW Office Hours:

Monday off
Tuesday 1:00 – 6:00
Wednesday 2:00 – 6:00
Thursday Writing Day
Other times and days available by appointment.

Monday is Rev. Carie's Sabbath. She does not attend to emails, phone calls or meetings. For pastoral emergencies please call her cell phone (508) 221-5295. She will return your call as soon as possible.