

The Flaming Chalice

The newsletter of The Unitarian Universalist Community Church 69 Winthrop Street ~ PO Box 8 ~ Augusta, ME 04332-0008

Worship Services Sundays at 10:00 a.m.

July 2013

July 7 Native American Spiritual Practices

Phyllis Cudmore

This morning we will be examining some of the traditional spiritual practices of the Native tribes in Maine and beyond. For the environmentally sensitive, please note that there will be sage smudging in the service.

July 14 Salt and Solipsism

Noah Gottlieb

It may be that we live in a realm of matter and substance, or then again we may be living within a purely mental construct. Are there ethical implications one way or the other? I guess it's high time to make a free and responsible search for the truth and its meaning. P.S. I promise <u>ritual</u> above talk.

July 21 The 12 Steps as a Spiritual Practice

Nancee C., Diane M., Helen P. and Dan S.

A majority of the successful self-help programs in this country use the 12 step model of recovery that was first designed in 1938 by Bill Wilson, one of the founders of Alcoholics Anonymous. This service will highlight how that model has been a significant influence on four different recovery programs. The wisdom inherent in the 12 steps can also lead to a satisfying and comfortable lifestyle for anyone.

July 28 Creation and Creativity: Ancient Myths and Contemporary Truths

Kathy Ann Shaw, Kathleen Mundell, David Greenham

Join us for a discussion of how ancient cultures have viewed common themes of the creation of the universe and it's impact on how we think of creativity and spirituality in our time. Worship Leader Kathy Ann Shaw will be joined by guests, folklorist Kathleen Mundell and playwright David Greenham.

Administration Summer Office Hours

Monday 8am-4pm
Tuesday 8am-4pm
Thursday 4:30-8:30pm
Friday 8am-noon
Office closed for the summer on Saturday

A Faith Journey by Rev. Carie Johnsen...

A Faith Journey...

Summer is upon us, abundant, bright and full of the Sacred awaiting your attention.

Soon the Fourth of July will illuminate the night sky. Families will reunite and remember the way things used to be, friends will gather around campfires and create new memories, the sails will be unfurled and the anchor hoisted.

The summer sun warms us and the cool nights comfort us. The pace of our days slows. We pause more often to be with Mother Nature, to appreciate the blessings of the earth, to play by the sea, to climb the mountain top, to tend to the garden, to imagine the harvest in the seedlings and blossoms.

Summer... a time when the blessings of life feel more abundant, more vibrant, more generous.

Summer... a time to rest, restore and replenish the spirit.

As I begin to imagine July unfolding, my soul dances with delight at the mere thought of living an unscheduled life. No alarm clocks to startle the body awake, no meetings to prepare for, no sermons churning in the forefront and recesses of my mind, no deadlines, no unanswered emails, no calls to return and no stacks of work waiting for just a moment of my time.

Unscheduled days to rest, restore and sit at the well of life.

Unscheduled days to enjoy the moments and replenish the spirit.

Unscheduled days to get lost in the rhythm of whatever might be.

Unscheduled days to just be, to be quiet, to be still.

Unscheduled days to be with people I meet along the way.

As you imagine your summer, what leaps forward and brings you delight? Who are the people you imagine finding time to play with? What adventure has been calling you? Will you answer? As you sit quietly in the summer sun, what joy rests on your heart? Does it need to be shared? With who? Where and when will you have unscheduled days to get lost in whatever comes your way? Where will you make room to bear witness to the holy? Do you have a plan to just be and to be with the people that matter most?

This summer I invite you to linger about in an unscheduled day or two or three or more and don't be afraid to get lost in whatever comes your way. You just may be surprised by what you discover.

Enjoy July and I look forward to returning to congregational life with all of you on July 29th.

In Faith, Rev. Carie

Unitarian Universalist Community Church P. O. Box 8 Augusta, Maine 04332-0008

Newsletter articles are due the **third Monday** of each month. The next newsletter deadline is **August 19th.** Please submit newsletter articles by email, to Sheila Comerford at: newsletter@augustauu.org. Thank you!

Minister: Rev. Carie Johnsen President: Doug Rooks

Director of Religious Exploration: Rev. Carol Strecker

Administrator: Julie Pelletier **Choir Director:** Joelle Morris

Small Group Ministry Coordinator: Kathy Kellison

Office Hours: Monday & Tuesday, 8:00 am- 4:00 pm

Thursday, 4:30 pm- 8:30 pm

Friday, 8:00 am.– Noon (Summers only)

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Rev. Carie's Summer Schedule.

June 23rd to June 29th ~ Rev. Carie will be with the UUCC youth as they provide food service and participate in a Native American Youth Culture Camp in Houlton, ME.

July 1st to July 28th ~ Rev. Carie will be on vacation. For pastoral emergencies please contact, Nancee Campbell at 621-7727

For general UUCC business, contact Julie Pelletier, Office Administrator at 622-3232

For general church emergencies contact, Doug Rooks, Board President at 724-2759