**Small Group Ministry**

**Group Session Plan**

**Spiritual Longing**

**Opening Words**

There is a community of the spirit. Sit down in this circle

Join it, and feel the delight

Of walking in the noisy street. Why do you stay in prison

And being the noise When the door is so wide open?

Close both eyes Move outside the tangle of fear-thinking

To see with the other eye. Live in silence.

Open your hands, Flow down and down in always

If you want to be held. Widening rings of being.

Rumi

**Check-in/Sharing**

**Topic/Activity**

Spiritual longing is different from a church improvement project. It has nothing to do with committees, structures, sermons, or personalities. It has everything to do with your deepest level of desire.

What is your spiritual longing?

Is it, like the Hindus, to have union with God?

Or is it, like the Buddhists, to reach enlightenment?

Perhaps your longing is more immediate—it may be a desire for guidance on the path of a "free and responsible search for truth and meaning."

Or, perhaps, you long for the time to undertake such a search.

What is your spiritual longing?

**Likes and Wishes**

**Closing Words**

Something opens our wings.

Something makes boredom and hurt disappear.

Someone fills the cup in front of us.

We only taste the sacredness.

Rumi

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